

Resources for the Health & Well-being of AAPI Students



<https://eosresearch.usc.edu/advance-study/>

Below are a list of key resources available to support Asian American and Pacific Islander students. Access the resources by clicking on each of the underlined section titles or images embedded with links. You can also scan the QR code with your phone camera, which will take you to the resource's website. Please reach out if you have any questions or are unable to access the links at advstudy@usc.edu.

GUIDE FOR PARENTS OF ASIAN/ASIAN AMERICAN ADOLESCENTS



SCAN ME



A guide and video series to help parents talk about racism and harassment. Available in English, Korean, Chinese, Vietnamese, & Japanese.

DEPRESSION AMONG ASIAN AMERICAN STUDENTS



SCAN ME

Information about depression among Asian American students and what parents and professionals can do to help. Available in English, Korean, and Chinese.

COVID-19 AND RACISM



SCAN ME



A brief synopsis of the spike in racism due to COVID; it offers definitions, effects of racism, and ways to help. Available in English, Korean, Chinese, Vietnamese, & Japanese.

YOUNG, GIFTED, @ RISK AND RESILIENT



SCAN ME

A Video Toolkit to support Students of Color. Features scholars and practitioners who provide evidence-based info for faculty, staff, and providers. Available in English.

Resources for the Health & Well-being of Black students



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Below are a list of key resources available to support Black students. Access the resources by clicking on each of the underlined section titles or images embedded with links. You can also scan the QR code with your phone camera, which will take you to the resource's website. Please reach out if you have any questions or are unable to access the links at advstudy@usc.edu.

MENTAL HEALTH RESOURCES FOR THE AFRICAN AMERICAN COMMUNITY

Contains a list of appropriate and relevant resources, such as a description of mental illness, its presence in the community, and pertaining attitudes and treatment issues.



SCAN ME



CULTURAL COMPETENCY AND MENTAL ILLNESS

The National Alliance on Mental Illness addresses barriers to seeking culturally competent care for mental health. Contains links to direct resources for care and education.



SCAN ME



TEACHING BLACK HISTORY AND CULTURE

A comprehensive list of topics to cover with direct links to each curriculum, including art, entertainment, lessons and podcasts.



SCAN ME



YOUNG, GIFTED, @ RISK AND RESILIENT

A Video Toolkit to support Students of Color. Features scholars and practitioners who provide evidence-based info for faculty, staff, and providers. Available in English.



SCAN ME



Resources for the Health & Well-being of Latinx students



<https://eosresearch.usc.edu/advance-study/>

Below are a list of key resources available to support Latinx students. Access the resources by clicking on each of the underlined section titles or images embedded with links. You can also scan the QR code with your phone camera, which will take you to the resource's website. Please reach out if you have any questions or are unable to access the links at advstudy@usc.edu.

MENTAL HEALTH IN LATINX COMMUNITIES

A description of mental illness and its presence in the community, as well as the pertaining attitudes and treatment issues. Contains a list of resources in Spanish.



SCAN ME



RESOURCES AND EDUCATION ON MENTAL ILLNESS

A comprehensive database by the National Alliance on Mental Illness detailing several mental health resources tailored to the Latinx/Hispanic population.



SCAN ME

ELEVATING LATINX/HISPANIC EDUCATION

A PBS Education piece that discusses the importance of Hispanic/Latinx education and history. It focuses on what curricula and media are missing and provides supplemental resources.



SCAN ME



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A Video Toolkit to support Students of Color. Features scholars and practitioners who provide evidence-based info for faculty, staff, and providers. Available in English.



SCAN ME

