

Resources for LGBTQ+ Mental Health and Well-being



<https://eosresearch.usc.edu/advance-study/>

Below are a list of key resources available to support LGBTQ+ students. Access the resources by clicking on each of the underlined section titles or images embedded with links. You can also scan the QR code with your phone camera, which will take you to the resource's website. Please reach out if you have any questions or are unable to access the links at advstudy@usc.edu.

LGBTQIA+ BEHAVIORAL HEALTH RESOURCES

Includes a comprehensive list of community support resources, education for parents and allies, research articles, podcasts, webinars, and other organizations.



SCAN ME



CREATING SAFER SPACES FOR LGBTQ YOUTH: A TOOLKIT FOR EDUCATORS

Highlights challenges faced by LGBTQ youth, offers insight on how they thrive, and enhances awareness about existing disparities to provide more comprehensive care and support.



SCAN ME



FAQ: TRANSGENDER PEOPLE, GENDER IDENTITY AND GENDER EXPRESSION

Answers to many frequently asked questions about transgender people, gender identity, and expression. Available in Arabic, Chinese, English, Russian, & Spanish.



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HOTLINES FOR LGBTQ+ STUDENTS

Immediate Counselor Support 24/7/365.

Trans Lifeline: 877-565-8860

TrevorLifeline: 866-488-7386

TrevorText: Text START to 678-678

LGBT National Youth Talkline: 800-246-7743

